

SURFING THE WEB TOO MUCH?

LOOKING FOR SOLUTIONS?

Tues, April 17, 2012 7:00-9:00 pm

Unplug & Find Yourself

Yonge Lawrence Centre for Counselling and Consulting

There is no fee for this group, but participants must register to reserve a seat as attendance will be limited to 10 participants www.larryborins.com

Where to turn?

Larry Borins, MSW, RSW provides individual and family therapy for children and adolescents consumed with online gaming and "screen time" obsessions. In many cases, gamers find acceptance, respect, and recognition through the game, and the online character replaces relationships that are missing in the gamer's life. Larry offers Parenting groups on setting limits for screen time "addictions". www.mindfultherapist.ca or (416) 546-5511